



When: Virtual Education Conference:
Thursday, May 20, 2021 12pm – 4pm

REGISTRATION

Register for the NCHVP Virtual Education Conference by clicking the link below: Cost is \$50.00

<https://www.nchvp.org/event-4275495>

**Daily conference prices are noted within registration*

Remember your registration is not complete until we've received your registration fee of \$50. **Payment is due in full no later than May 17, 2021.**

Please print the emailed invoice receipt, include it with a check made payable to NCHVP and mail to:

**WakeMed Cary Hospital
Volunteer Services
Attn: Laura Riach
1900 Kildaire Farm Road**

Brief Descriptions of Sessions



Stephanie Lanier: Keynote Speaker

Stephanie Lanier is the leader of Lanier Property Group, an award-winning real estate team at Intracoastal Realty in Wilmington, North Carolina.

Stephanie is firmly invested in her hometown of Wilmington, North Carolina, named one of the South's best coastal towns. She holds undergraduate and graduate degrees from the University of North Carolina Wilmington. Her commitment to the local community

includes founding The Inspiration Lab, a membership community that provides teaching, tools, and connection for working women. Stephanie is particularly passionate about empowering women who want to grow their real estate businesses and those who own or want to start a small business.

Stephanie is known for her ability to provide inspiration and tangible takeaways. She does this whether speaking with her real estate team, her buyers, sellers, and developers, or new audiences.

As a parent to a child with special needs, Stephanie has made a study out of work-life rhythm and self-care. When she isn't leading her businesses, volunteering with charities close to her heart, or caring for her team and her family, Stephanie speaks to audiences on fostering work-life integration. She also speaks to business owners and entrepreneurs about best practices for content marketing and personal branding.

Session: Lead Yourself First-Sustainable Strategies for Success and Self-Care

The current health care world is relentless, and everyone from staff members to volunteers need support, now more than ever. Join us as we reject the hustle culture narrative and instead explore work/life rhythm. Learn how to implement sustainable self-care practices that will help you lower your stress level. Come ready to hear how one caregiver and mother of a medically fragile child is on a mission to teach others to take self-care seriously so they can experience a breakthrough instead of a burnout

Presented by: Stephanie Lanier

Brief Descriptions of Sessions



Session: Volunteer Dashboards: Driving Your Message

How can you translate the intangible good work of your Volunteer Servicers department into facts and figures that relate to the clinical and financial initiatives of your organization? More importantly, how can you design that message to be understood AT A GLANCE? This breakout session will teach the basics of creating an attractive and informative Volunteer Services Dashboard to enable you to communicate facts quickly and accurately.

***Presented by: Ann Taylor, CVA, Director Volunteer Services and Gift Shops
Atrium Health Pineville, NC***

Session: Legacy Work – Memory Stone Program



Legacy Work is a form of meaning based coping which:

- Occurs when people can find meaning and purpose during a stressful event
- Develops awareness of the beauty, value, and significance in the moment
- Allows people to shift focus to positive emotions and priorities that have deeper meaning
- Assists in beginning the process of healing

Memory Stones are just one form of Legacy Work where a loved one's thumbprint is placed on a clear stone so the family member or patient can keep it with them, feel connected to them, even when the family member is not at the bedside.

Presented by: Kara Chadwick, Manager CarolinaEast Health System, New Bern, NC

Vendor Show & Presentation

Session Q&A Session Open Membership Discussion

We will discuss in an open chat format where members can participate, share, and ask questions to important topics related to Volunteer Management. Topics to include: Bringing Back Volunteers, Rebuilding Programs Management and more!

Presented by: NCHVP Board Members

CONFERENCE AGENDA

Thursday, May 20, 2021

AGENDA	TIME	CONTACT HOURS
Virtual Conference Open – Meet and Greet	12pm	
NCHVP Annual Business Meeting	12 – 12:30pm	
Vendor Presentations	12:30pm - 1:00pm	
Lead Yourself First-Sustainable Strategies for Success and Self-Care	1pm – 2pm	1
Stephanie Lanier – Q/A – Self Care Continued	2pm – 2:30pm	
Dashboards – Ann Taylor	2:30pm – 3:00pm	.5
Legacy Work – Memory Stone Program	3pm – 3:30pm	.5
Q&A Session Open Membership Discussion	3:30pm – 4pm	